



## Dig Deeper @Home – “Seeking”

Complement to lesson on 1/11/26 – “Seeking First ...”

### ICE BREAKER – Questions to open dialogue and learn more about those gathered

1. Which is better: Hide-n-seek or Sardines (the game – google it if you need to)?
2. Would you rather hide or be the seeker?

### MEMORIZE – Matthew 6: 32-33

For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.”

### READ – Colossians 3: 1-17

#### Questions to ponder/discuss:

1. Re-scan the text and consider...
  - a. What did the Holy Spirit draw your attention to as you read?
  - b. Is anything repeated? Contrasted? Compared? (If so... why might that be?)
  - c. What in these verses is interesting? What is confusing?
  - d. What are the verses revealing about God? What are the verses saying about people?
  - e. In light of these, what needs to change in your life? What are you already doing well?
2. What are we to be seeking?
  - a. What things hinder our seeking and what are we to do about them?
  - b. What things help us do this and how can you incorporate these more regularly into your life?

## **EXPERIENTIAL ACTIVITY – What are you Seeking?**

\*Optional\* Play a couple rounds of hide-n-seek or sardines. As you seek, consider the amount of intentionality it takes to seek. If you're seeking, are there things you aren't doing? How does this relate to Colossians 3?

After playing, consider this question: What are you seeking? In life, at home, at work/school, in the activities you do ... what are you seeking? Be brutally honest with yourself. Then consider, how does this line up with Jesus' teaching in Matthew 6: 32-33 and Paul's teaching in Colossians 3? Are you aligned or in need of realignment? How can you more intentionally seek what Jesus tells us to seek? As you engage this activity, ask the Holy Spirit for help. Confess what needs confessed knowing that Christ is a King of grace and receive from him forgiveness and also the gift He wants to give you to help you seek Him first.

### **SING (or listen to)**

Reckless Love - <https://www.youtube.com/watch?v=Sc6SSHuZvQE>

Gratitude - <https://www.youtube.com/watch?v=UoHrBNTfzls>

Pursue Me - [https://www.youtube.com/watch?v=RSI\\_-0E9t\\_E](https://www.youtube.com/watch?v=RSI_-0E9t_E)

Seek Ye First - <https://youtu.be/EsBpM9lcBts?si=Yk4C7W94zQId3r3e>

### **PRAY**

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us, for this week.

### **Sending prayer based on the message:**

Go and seek first Christ and His Kingdom. Holy Spirit, show us anything that hinders us from doing this and help us to seek Your Kingdom in all that we do, say and think.