

Dig Deeper @Home – “The Way of the Kingdom”
Complement to lesson on 10/6/24 – “Living Worry Free”

ICE BREAKER – Questions to open dialogue and learn more about those gathered

1. If you were walking on a beach and found an ancient chest, what would you hope to find in it?
2. What is your favorite activity that helps you to relieve stress and worry in your life?

MEMORIZE – Matthew 6:5

“This, then, is how you should pray: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven.”

READ –Matthew 6: 19-34

Questions to ponder/discuss:

1. Re-scan the text and consider...
 - a. What did the Holy Spirit draw your attention to as you read?
 - b. Is anything repeated? Contrasted? Compared? (If so... why might that be?)
 - c. What in these verses is interesting? What is confusing?
 - d. What are the verses revealing about God? What are the verses saying about people?
 - e. In light of these, what needs to change in your life? What are you already doing well?
2. According to Jesus, what alternatives does Jesus propose with respect to ‘treasures’(vv.19-21), desires (vv.22-23) and masters (vs. 24)?
3. What is the connection between eye and body? What does it mean to have ‘good eyes’?
4. According to Jesus, what are we to seek in place of food and clothing? What results from seeking this? (vs. 33)
5. What causes you the most worry? What is God saying to you through this passage about handling your worries?

EXPERIENTIAL ACTIVITY – Making a “Worry Box”

To make a “worry box”, you can use a cardboard box, such as a tissue box, or an old shoe box. Work to decorate the box. If you have children, let them decorate the box however they want.

Write "worry box" on the box. Make a slit in the top large enough to put slips of paper into the box. Tear up some slips of paper and leave them next to the box along with a pen.

Take time to write down worries on slips of paper and talk about the things you are most worried about. After sharing, put the pieces of paper into the box as someone reads Philippians 4:6-7 and 1 Peter 5:7.

Thank God that he is able to take care of our worries and that he is able to meet all our needs in Christ Jesus. Keep the “worry box “ and regularly practice the rhythm of giving your worries to God in the “worry box”.

SING

I Speak Jesus, Charity Gayle - <https://youtu.be/wFeQBcTJJf4>

Eye of the Storm, Stevenson - <https://music.youtube.com/watch?v=-sx8wTnnfSc>

Reckless Love, Asbury - <https://music.youtube.com/watch?v=Sc6SSHuZvQE>

Be Still, My Soul – Hymnal #73 - <https://music.youtube.com/watch?v=kqKVFYD8Obc>

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us. In the Spirit of Matthew 6:10, pray also that God’s “kingdom come, (His) will be done, on earth as it is in heaven.”

Sending prayer based on the message:

Heavenly Father, may your Kingdom come, your will be done on earth as it is in heaven. Holy Spirit, help me to live this out this week with You as the treasure of my heart. I want to seek first your kingdom and give my worries to you. Amen