

Dig Deeper @Home – "Transformed" Complement to lesson on 10/30/22 – "To Fulfill the Law of Christ"

ICE BREAKER – Questions to open dialogue and learn more about those gathered

- 1. Finish the sentence: Rules are ...
- 2. If you could change one law of science, what would it be and why?

MEMORIZE – Galatians 6:15

"For neither circumcision counts for anything, nor uncircumcision, but a new creation."

READ – Galatians 6

Questions to ponder/discuss:

- 1. What does the Holy Spirit draw your attention to as you read these verses?
 - a. What particular words or phrases is the Holy Spirit highlighting to you as you read?
 - b. Is anything repeated? Contrasted? Compared?
 - c. What are the verses revealing about God? About people? In light of these, what needs to change in your life?
- 2. Read again verses 6-10
 - a. What does it mean for a person to "sow to his/her own flesh"?
 - i. What does this look like practically?
 - ii. Where do you do this? What would it look like to turn from these things?
 - b. What does it mean for a person to "sow to the Spirit"?
 - i. What does this look like practically?
 - ii. Where/how could you do this more?
 - c. What are followers of Jesus being called to reap and how? What does this look like in your life this coming week?

EXPERIENTIAL ACTIVITY – Hiking with a back pack

Go on a hike with others. Take one backpack and put all the snacks/drinks in it. While hiking, take turns wearing the backpack then read again Galatians 6: 1-5 and discuss the verses together. What connections can you make to the text now? How does physically walking with a backpack help you better understand this text? Think about what burdens you are currently carrying yourself. Who can help you carry that burden? Who's burden can you help to carry?

Another activity would be to watch "Pilgrim's Progress" this week with others and discuss the connections between the movie and Galatians 6.

SING (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!) Man of Sorrows - <u>https://youtu.be/b48fPuO8GY0</u> All Hail King Jesus - <u>https://www.youtube.com/watch?v=9eu5Rx2E4W8</u> Come thou Fount - <u>https://youtu.be/EYrTqBioaZ4</u> Lay my Burdens (rock song) - <u>https://www.youtube.com/watch?v=QEGV7wAgYn8</u> To God be the Glory – Mennonite Hymnal #532

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

Sending prayer based on the series:

Holy Spirit, help me to live for you this week in the places I live, work, study and play. Help me to not grow weary of doing good but rather share your love, truth, grace and mercy with boldness and gentleness so that others may come to know you as well.