

# Dig Deeper @Home – "When Doubting Knocks" Complement to lesson on 04/10/22 – "Doubting God's Grace"

### ICE BREAKER – Questions to open dialogue and learn more about those gathered

- 1. If you could change the color of the sky, which color would you choose?
- 2. Do you have a harder time receiving God's grace or seeing other's receive God's grace?

## MEMORIZE – Psalm 73:16-17

"But when I thought how to understand this, it seemed to me a wearisome task, until I went into the sanctuary of God; then I discerned their end.

## READ – Psalm 51

#### Questions to ponder/discuss:

- 1. What does the Holy Spirit draw your attention to as you read this passage? What sticks out to you?
- 2. What general observations can you make about the Christian life? Is anything repeated? Contrasted? Compared?
- 3. Identify 10 questions you have about this Psalm
- 4. Take time to look at all the verbs (action words) used in Psalm 51. While identifying the verbs, also note who is the person doing the action.
  - a. According to Psalm 51 then, what is peoples' responsibility when it comes to confession & forgiveness and what is God's responsibility? How are you living out the parts that are peoples' responsibility in your own life?
- 5. In verse 13, David says "then I will teach transgressors your ways..." What does David mean by "your ways?" Using only Psalm 51, how would you define "God's ways?"
- 6. In verse 17, we see phrases like "broken spirit," "broken heart" and "contrite heart." What do these phrases mean? How do we know if we have them or not?

# **EXPERIENTIAL ACTIVITY – Hold your Breath**

Psalm 51 is all about God's grace and how He will lavish it upon us if we confess to Him with a true, honest contrite heart, regardless of how far we fell. And yet, we can often withhold grace from ourselves or others, when we have sinned or have been sinned against.

So, hold your breath for as long as you can. Have a competition with those around if it helps you to really give it your all. Then answer/think through these questions.

- 1. How did if feel in the last moments as you held your breath?
  - a. Was it comfortable? Was it refreshing? Was it enjoyable?
- 2. How did it feel when you took the first breath after holding it?
- 3. How is breathing like receiving God's grace? How is holding our breath like refusing God's grace?
- 4. Who have you been refusing God's grace for? Where do you need to receive God's grace in your own life? Take time to prayerfully receive God's grace for yourself and make a point to offer God's grace to someone who you know needs it

SING (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!) Create in Me a Clean Heart/ I Surrender All - <u>https://www.youtube.com/watch?v=nYF39koqqZA</u> Desparate (Lecrae with lyrics) - <u>https://www.youtube.com/watch?v=kBjDUSvTR0A</u> In Christ Alone - <u>https://www.youtube.com/watch?v=rn9-UNer6MQ</u> God be Merciful to Me - <u>https://www.youtube.com/watch?v=yKQgZZIGz4k</u>

### PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

#### Sending prayer:

Go this week believing in Jesus and thus being a child of God sent to do His will. As you have received God's goodness and grace in abundance so offer his goodness in abundance. As you have received the truth so freely share the truth, freely and full of grace and doing good among all you will meet where you live, work and play.