

Dig Deeper @Home – When Doubting Knocks Complement to lesson on 03/06/22 – “Wrestling with Doubt”

ICE BREAKER – Questions to open dialogue and learn more about those gathered

1. If you were a professional wrestler, what would your stage name be?
2. What are you most looking forward to about Spring?

MEMORIZE – Psalm 73: 16-17

But when I thought how to understand this, it seemed to me a wearisome task, until I went into the sanctuary of God; then I discerned their end.

READ – Jude

Questions to ponder/discuss:

1. What does the Holy Spirit draw your attention to as you read these passages?
 - a. What sticks out to you?
 - b. Is anything repeated? Contrasted? Compared?
 - c. Identify 10 questions from the verses you read
 - d. What is the passage revealing about God? About people? In light of these, what needs to change in your life?
2. In verse 5, what does Jude say is the reason some of those who were saved out of Egypt were destroyed?
 - a. We are told to have mercy on those who doubt but this doesn't seem merciful. What then is the difference between doubt and not believing?
 - i. Hint: How are these people described in v8?
 - ii. Hint: How are these people described in v16?
 - iii. How do those descriptions help differentiate between doubting and not believing?
3. Jude describes followers of Jesus as being called, beloved and kept (v1). How do these identifiers help us keep perspective on the idea of having mercy on those who doubt?

EXPERIENTIAL ACTIVITY – Naming our Doubts

Lent is a time to embrace the hard, the challenging, the difficult. It's a time to lean in to those areas that we typically avoid. One of those areas is our doubts. Rather than avoid, let's lean in and take our doubts head on. Take time and reflect on doubts you currently wrestle with. Write them down. Talk about them with a trusted friend or family member. Consider these following questions: Have any of these doubts become unbelief? What is fueling the doubts? What is God saying as you share these doubts with him in prayer? How do these doubts stand against the word of God? Commit to continue processing and wrestling through your doubts throughout the season of Lent. Keep record (journal) what happens with your doubts during this time of wrestling with doubts by turning to God with them.

SING (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!)

Give Me Faith - <https://www.youtube.com/watch?v=SjFlhTNDyz0>

Questions - <https://www.youtube.com/watch?v=8OkYQ10f56k>

This I Believe - https://www.youtube.com/watch?v=VRzI_FbWTkg

When Peace Like a River – Mennonite Hymnal #576

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

Sending prayer based on the series:

Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, to the only God, our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever.