

Dig Deeper @Home – "Biblically Incorrect" Complement to lesson on 07/11/21 – "God Won't Give You More Than You Can Handle"

ICE BREAKER – Questions to open dialogue and learn more about those gathered

- 1. If your home was on fire, what is one thing you would run back into the burning house to save?
- 2. At what point of your life were you the most stressed? The most sad?

MEMORIZE – 2 Timothy 3:16-17

"All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work."

READ – 2 Corinthians 1:8, Romans 8:22, John 16:33

Questions to ponder/discuss:

- 1. What does the Holy Spirit draw your attention to as you read these passages? What sticks out to you?
 - a. What general observations can you make? Is anything repeated? Contrasted? Compared?
- 2. How do these passages point us to Jesus?
- 3. Read Genesis 3:1-13 What are the "four questions" God asks of Adam and Eve in verses 9-13. How do Adam and Eve's answers to these four questions relate to the situation they found themselves in?
 - a. What is God wanting them to recognize and understand as they were trying to "handle" their current situation?
 - b. Which of these four questions might God be asking of you as you deal with circumstances in your life at this time?
- 4. Read John 16:33. What do the words of Jesus offer to us as we struggle to handle the things we are going through in our lives?

Experiential activity – Today I'm trusting God with...

Sometimes it is helpful to remind ourselves of the truth we believe. This week, post a paper on the refrigerator or other community space in the house with the heading, "Today I am trusting God with..." written on the top. Invite any who live in your household to add one thing per day to the list. Finances, a key decision, a difficult relationship... You name it! It may be tempting to write more than one thing per day, but start small and focus on truly giving over any anxiety or worry in that area to the Lord.

As the week goes by, when you are tempted to fall into despair, return to the posted list and repeat the words out loud. "Today I am trusting God with this sickness." "Today I am trusting God with my future." "Today I am trusting God with..." Invite the other members of your household to pray alongside you when you are weak, or call a friend or confident to meet for coffee if you do not share a home with others.

"Cast all your anxiety on him because he cares for you."

1 Peter 5:7

SING (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!)

Seventh Day Slumber: Waymaker - https://youtu.be/JLSocSTnHIA

Shane & Shane : Surely Goodness, Surely Mercy - https://youtu.be/Mo3HgtT OiE

Urban Rescue: Provider - https://youtu.be/kMSyWO2vSWY My Shepherd Will Supply My Need - (Mennonite Hymnal #63)

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

Sending prayer based on the series:

Father God, open our eyes to your truth. (Psalm 119:17-18)

Do not allow us to walk in darkness. (Isaiah 42:16)

May your Word be as a lamp to our feet, and a light to our path. (Psalm 119:105)

Guide us by your Holy Spirit to walk in the truth, bringing glory to the name of Jesus! (John 16:13-14)