

Holiday Idea Card

Lent

Engage and Embed ~Rugged Cross~

(2 of 3)

Best Use

A series of Lenten gatherings for a group of family or friends to reflect on Jesus's path to the cross and anticipate the celebration of Easter. Collect all 3 Idea Cards!

Goal

To embed in our minds a thankfulness for Jesus's sacrifice via a combination of intentionally focusing our minds on Scripture and the engagement of our senses.

Advance Preparation

- 1 Piece of rough-cut wood
- Tweezers & Band-Aids
(Just in case!)



Implementation

- Schedule 3 dates leading up to Easter when you will meet as a family unit or group. 1 Idea card per meeting.
- On the day that you have chosen to meet, start by reading the provided Scripture, then proceed to the activity and reflection questions.

Serve It Up

Follow these steps for a great experience...

~ Lent Gathering #2: Rugged Cross ~

1. READ | Mark 15:13-39

2. ENGAGE:

Pass a piece of rough-cut wood around the circle as the Scripture is read. **FEEL** the rugged grain, coming dangerously close to getting splinters. **IMAGINE** the feeling of the wood against Jesus bare, already beaten and bloodied, back and most sensitive areas.

3. DISCUSS

- Describe how the wood **FELT** on your skin.
- In what ways does attaching a **FEELING** to the idea of crucifixion open your eyes to the agony of Jesus's sacrifice?
- Jesus's decision to bear the cross was an intentional submission of his comfort and desires. In what ways are we actively **SUBMITTING** our comfort and desires for the advancement of the kingdom Christ came to establish?

4. PRAY

- Prayers of confession.
- Prayers of gratitude for forgiveness of sins.
- Prayers of praise that Christ would go through this for us!

